

EMERGENCY



**Sexual Assault Nurse  
Examiner (SANE) Program**

# Supporting Survivors

Janaki Subramanian, RN,  
CA-SANE, SANE Program  
Coordinator, sexual assault survivor  
Emily Rodriguez and Marley  
Rabah, RN, CA-SANE in front  
of the Methodist Dallas Medical  
Center Emergency Department



COMMUNITIES FOUNDATION of TEXAS

—NTX—  
GIVING DAY

9.22.22

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2

A MESSAGE FROM OUR PRESIDENT  
UPDATE: METHODIST'S RESPONSE TO  
TACKLING THE NURSING SHORTAGE

6

DONOR SPOTLIGHT:  
LEVI DAVIS

# MHSF stays busy through the summer!

The summer heat has forced many of us to cooler locales, but it hasn't stopped the intensity of our work at Methodist Health System Foundation.



James M. Johnston

Some notable fundraising highlights include grants from the Hoblitzelle Foundation for **\$350,000** and the Hesta Stuart Christian Charitable Trust for **\$130,000**; both gifts are designated for the new ECMO (extracorporeal membrane oxygenation) program at Methodist Dallas Medical Center. We are also grateful for an ongoing anonymous gift of **\$214,000** for our Nursing Excellence Fund, which provides

critical scholarships and training for future nurses. In this issue, we have a story highlighting our various nursing programs at multiple campuses and a feature about how nursing runs in the blood for one Methodist Health System family.

We're also spotlighting the **Sexual Assault Nurse Examiner (SANE) program** at Methodist Dallas with a very brave survivor who shares her story about the incredible care she received, and the ongoing support that is aiding in her healing. We are all hopeful the evidence recovered will lead to a conviction for the accused perpetrator. The SANE program and on-site services from the Turning Point Rape Crisis Center are saving lives and helping survivors restart their lives; neither would be possible without the generous financial support of many Foundation donors.

This summer saw the long-awaited return of the Eagle Society dinner featuring **Brian Kilmeade**, author and co-host of FOX & Friends, who enlightened the crowd with stories about key figures in American history and the remarkable choices they made that shaped our nation. Look for photos and a recap of the event in the insert.

We have multiple ribbon-cutting and celebratory events coming up this fall, culminating with our Eagle Society reception on **December 6**. **Grant Moise**, publisher of *The Dallas Morning News* and CEO of the DallasNews Corporation, will recap the year and preview what's ahead in 2023.

Finally, we are grateful to the years of leadership and support that **Levi Davis** has given to both Methodist Health System and our Foundation as a board member, which is why we're highlighting him in this issue's Donor Spotlight.

We hope you'll support the Foundation on **September 22** for **North Texas Giving Day**, during which funds raised will provide lifesaving mammograms and other diagnostic services for those in need.

Have a wonderful fall, and we look forward to seeing you very soon,

James M. Johnston  
President, Methodist Health System Foundation

# A Nursing Collaborative: FIRST YEAR UPDATE!



It's good to be first! That's what 23-year-old **Termi Ahmed** and 18 other nursing students proclaimed last fall when they became the inaugural cohort of the Texas Tech University Health Sciences Center School of Nursing at Methodist Mansfield Medical Center program — a flagship collaboration among Methodist Health System, the city of Mansfield, and Texas Tech University Health Sciences Center School of Nursing.

When the fall 2022 semester begins, 76 nursing students will be enrolled at various levels of the program, with Ahmed's class slated to be the first group of graduates this December.

"I wanted to become a nurse so that I could make a difference in people's

lives," says Ahmed. "I chose this program because it felt like the right fit with all the opportunities I would have. This past year has been very strenuous and challenging, but I have learned

**"As a member of the Methodist Health System Foundation Board of Trustees and actively involved with Methodist Mansfield Medical Center and the city of Mansfield, it's a win-win decision to support the Texas Tech BSN program. My wife, Linda, and I are well aware of the increasing demand for nurses in the DFW area and believe this program is a conduit to the shortage and a leg up for the students. It's been one year since the first class started, and we are proud to see the fruits of our labor."**

**— Randall Canedy**  
Member, Methodist Health System Foundation Board of Trustees

more than I ever thought possible. I am thrilled to be graduating with my BSN in a few months. It brings me one step closer to my dreams."

The goal is for graduates like Ahmed to immediately transition to nursing jobs at Methodist Health System campuses, applying what they have learned at the bedside, in the Arlington Tomorrow Foundation Simulation Facility, and from Methodist nurses.

"Our grant to Methodist Health System will help mitigate the critical nursing shortage. This program will give local nursing students a high-quality education, real-life clinical training, and career opportunities," says **Arlington Tomorrow Foundation**, which generously awarded **\$350,000** toward the capital campaign for this program.

It is the hope of Methodist leaders and donors to retain these graduates and help them enjoy a rewarding career caring for those in need.

Currently, the Foundation is 94 percent to our fundraising goal. To learn more about how you can support the Texas Tech BSN program at Methodist Mansfield, please contact **Aubrey DeZego, director of development, Methodist Health System Foundation at 214-947-4550 or aubreydezego@mhd.com.**

# SANE: Providing Care and Support to Sexual Assault Survivors

When the unthinkable happened to **Emily Rodriguez** in February 2019, she and her mom turned to Methodist Dallas Medical Center. Here, Emily was treated for sexual assault, and she received the emotional support, resources, and forensic evidence she needed as well.

"My nurse, Janaki, and the SANE program provided support and guidance since the very first moment I arrived in the emergency department," says Emily. "They also made sure my mother and I knew about all the resources available to help me in the healing process."

**"As a co-trustee of the Lupe Murchison Foundation, it has been a privilege to help continue the powerful legacy of Mrs. Lupe Murchison, who touched the lives of so many women, children, and families all across North Texas and beyond. With that in mind, the Lupe Murchison Foundation is proud to support the Sexual Assault Nurse Examiner program at Methodist Dallas Medical Center. This vital program, one of only three in Dallas County, has become known in southern Dallas as a beacon of healing and hope for women and girls who have been victims of sexual violence."**

**— D. Michael Redden**  
Member, Methodist Health System Foundation Board of Trustees

The Sexual Assault Nurse Examiner (SANE) program at Methodist Dallas provides 24/7 rapid response by certified sexual assault nurse examiners who provide compassionate, confidential care and forensic examinations that can be used to help prosecute assailants.

"When it comes time to prosecute my attacker, we will feel more confident because of the meticulous detailed work of the SANE program," Emily explains.

### First in Southern Dallas:

Sexual assault is a trauma that can leave its survivors physically injured, emotionally harmed, and unsure of what to do next, and many don't always know where or how to get the right kind of help and support.

In 2014, Methodist Dallas saw a critical need to provide these survivors with specialized care and started

the SANE program, the only one in southern Dallas.

In the eight years since its launch, nearly 1,300 sexual assault victims, ages 14 and older, have relied on the SANE program not only to heal but to also seek justice by reporting the crime to law enforcement.

"The numbers speak for themselves," explains **Brad Sellers, DO**, SANE program director and medical director, emergency services, Methodist Dallas. "It was a vital program the community we serve needed and Methodist stepped up to deliver."

### Vital, Specialized Care:

"A sexual assault nurse examiner is a registered nurse who has completed advanced education and training in forensic examination, as well as training in psychological and emotional trauma associated with sexual assault," explains **Janaki Subramanian, RN, CA-SANE**, SANE program coordinator at Methodist Dallas. "In addition to caring for the immediate medical needs of victims, these nurses are trained and prepared to testify in court as a fact witness or as an expert witness when necessary."

These certified nurses are the front line of the SANE program, and they lay the groundwork for these survivors' recovery. Beyond the emergency department, the program's long-standing collaboration with The Turning Point Rape Crisis Center becomes the primary advocate of continued recovery.

Like Emily, many of the patients who come through the SANE program have a long road of recovery, but that road often starts because of the care and advocacy they receive at Methodist Dallas.




Emily Rodriguez stands with her mother, Nancy Rodriguez (left).



Every

**68 seconds,**  
someone is sexually  
assaulted in the U.S.\*\*

To date\*,

**78**   
exams  
have been  
performed in **2022**

\*\*According to RAINN (Rape, Abuse, and Incest National Network), the nation's largest anti-sexual violence organization  
\*July 2022



SANE Exam room at Methodist Dallas Medical Center

The Foundation raises 100 percent of the proceeds for this program. To learn more about how you can support the **SANE program**, please contact **Aubrey DeZego, director of development, Methodist Health System Foundation at 214-947-4550 or aubreydezego@mhd.com.**

Foundation Focus is a publication of Methodist Health System Foundation, located at 1441 N. Beckley Ave., Dallas, TX 75203.

For more information, call 214-947-4555 or visit [MethodistHealthSystem.org/Foundation](http://MethodistHealthSystem.org/Foundation).

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or any of its affiliated hospitals.

# 3<sup>rd</sup> Annual Eagle Society Dinner & Program



Nancy Ann and Ray Hunt



Brian Kilmeade Keynote Speaker



Joy Duncan and Kathy Helm



Dorothy and Ken Cheairs



Lori and John Collins



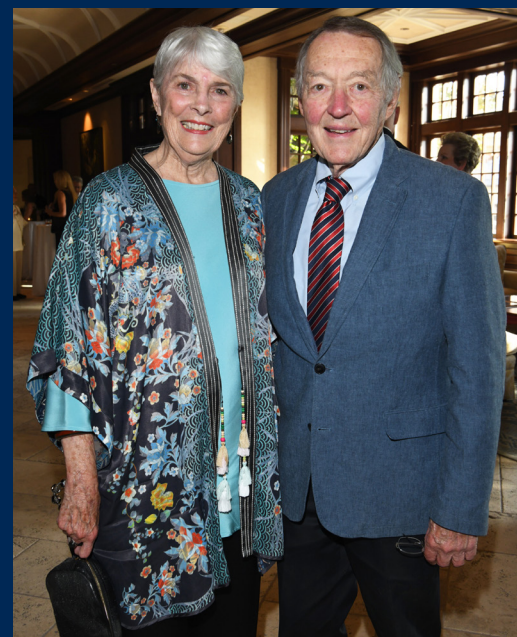
Rod and Cheryl Washington



Mickey Price, Jim Johnston, Dr. Compton Broders, Steve Folsom



Dick Collins, Calvert Collins-Bratton and Vince Bratton



Judy and Jim Gibbs



Carla and Juan Fresquez

Deep in the heart of Texas, Methodist Health System Foundation welcomed back its Eagle Society members for the much awaited third annual Eagle Society dinner and program on June 7 at the Dallas Country Club. The Foundation created the group in 2018 as a way for board members, donors, physicians, leaders, and friends to gather for interesting events throughout the year.

After a two-year hiatus, guests were greeted with a lively cocktail reception and then ushered into the ballroom to classic Texas country music hits like Alabama's "If You're Gonna Play in Texas", Johnny Lee and Lane Brody's "The Yellow Rose of Texas", and George Strait's "All My Ex's Live in Texas".

Once seated for the Texas-themed dinner, Methodist Health System Chief Medical Officer and surgeon **Martin Koonsman, MD, FACS, CPE**, gave the invocation, followed by Methodist Foundation President Jim Johnston's overview of the Eagle Society and its importance to Methodist Health System. Methodist CEO **Jim Scoggin Jr.** shared how wonderful it was to be back together. He described how the pandemic tested Methodist to its core, yet the organization emerged even stronger.

While the Eagles enjoyed a Pecan Ball "Alamo" de dessert, keynote speaker, author and co-host of Fox & Friends **Brian Kilmeade**, took the stage. He spoke about his book, *Sam Houston and the Alamo Avengers*, and enlightened the crowd with lesser-known stories and facts about key figures in American history: George Washington, Thomas Jefferson, and Andrew Jackson, as well as Sam Houston and the various ways he was tested as a general and third president of the Republic of Texas.

It was a night of fireside Texas battle stories, and members left to the apropos song "God Blessed Texas" by Little Texas.

The next Eagle Society event, "Cocktails and Conversation: Dallas - A Year in Review," will be **December 6** at the Rosewood Mansion on Turtle Creek featuring **Grant Moise**, publisher of *The Dallas Morning News* and CEO of DallasNews Corporation. We hope you will be able to join us!



The Molengraaf family: Shelby Anguiano, David Molengraaf and Taylor Villarreal.

Since the ADN program's inception in 2005, there have been:

**32**

graduating classes

**291**

registered nurses who continued to work for Methodist Health System

**388**

registered nurse graduates

## Methodist Nursing – A Family Affair

Sometimes a 'calling' feels instinctive — almost like it's in the blood. That's how the Molengraafs feel. This family is unique — a father and two daughters followed the same educational and career path, and ended up working at the same Methodist campus!

**Taylor Villarreal, BSN, RN, CCRN**, intensive care unit nurse at Methodist Charlton Medical Center watched and learned from her father and sister.

"Because of this, we've had the opportunity to watch each other grow as nurses and support each other through the ups and downs, which have been plentiful over the last few years," Villarreal says.

They all completed the Dallas College-El Centro Campus Associate Degree Nursing (ADN) program on the Methodist Dallas Medical Center campus. The two-year program, which started in 2005, is for Methodist employees, immediate family members of employees, and health system volunteers. The accessible and affordable program gives nursing education opportunities to those with challenging backgrounds and allows an entry point into a professional medical career.

"Methodist made it easy for its 'family' to take advantage of the program," says **Kimm Wright, MSN, RNC-OB, C-EFM**, clinical faculty/clinical education specialist II and program coordinator of the program. "In exchange for Methodist sponsoring students' tuition and fees, the students agree to work for

the health system for 36 months and complete their bachelor's degree in nursing."

Villarreal's sister, **Shelby Anguiano, MSN, RN**, a nurse manager on the cardiac medical-surgical unit at Methodist Charlton, started as an assistant at the hospital and chose to take advantage of this opportunity.

"After completion of the program, the instructors have continued to provide a positive impact on my professional advancements," Anguiano says. "This includes obtaining my bachelor's and master's degrees in nursing, as well as guiding me on my Methodist leadership journey."

**"We choose to support the Dallas College's Associate Degree Nursing program at Methodist Dallas to help address the nursing shortage crisis head on by graduating more registered nurses into the workforce. Nurses make an amazing impact far beyond themselves as their work benefits their patients, families, and our community."**

— Anonymous donor

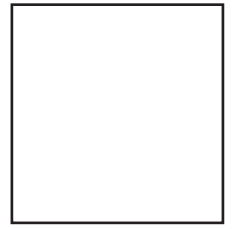
The patriarch of the family, **David Molengraaf, MSN, BSN, RN**, believes "anything is possible at Methodist."

David Molengraaf, director of emergency and house supervisors, Methodist Charlton, has lived his life in service to the community. "I was a deputy sheriff for 15 years and shifted my career later in life to nursing. I've done it all from being an assistant and patient care tech to nurse manager and my current role as a director. This is such an awesome way for folks to start their nursing career, and I'm one of the biggest advocates for the program."

He credits the transformational leaders throughout Methodist for empowering nurses. "They have shown nothing but support and compassion for our nurses. They believe in our mission, and they see value in each and every person."

The Associate Degree Nursing program has been funded by Methodist Health System Foundation donors since its inception. And starting this fall, the program will double to nearly 40 students per semester thanks to a generous anonymous gift.


To learn more about how you can support the Associate Degree Nursing program, please contact **Jennifer Massey, director of development at Methodist Health System Foundation at 214-947-4552 or jennifermassey@mhd.com.**



COMMUNITIES FOUNDATION of TEXAS


**— NTX —**

**GIVING DAY**

**9.22.22** presented by 

Please consider a donation to  
**Methodist Health System Foundation** for mammograms and other **diagnostic services** for those in need, matched by \$50,000.

Scan the **QR code** to schedule your gift from **September 1 - 21**



# DONOR SPOTLIGHT: LEVI DAVIS

Levi Davis is one who wears many hats, and he has used these hats for several decades to better Methodist Health System in different ways.

With a background that includes serving in the armed forces, working as city manager, and leading businesses and humanitarian efforts, Davis brings wide-ranging experiences to Methodist.

He was introduced to the Methodist while working for Dallas' Office of Human Development. George Schrader, city manager at the time, recommended that Davis join the boards for Methodist Health System and Methodist Health System Foundation. In 2012, Davis was elected chairman of the Methodist Health System Board of Directors; in this position, he was the first African American and the first to come from the public sector.

"Methodist is a great example of an institution that works with its communities. It's grown, changed, adapted into a culture that is inclusive, and it's achieved this through

wonderful leaders and board members who are participatory," Davis explains.

**"The changes we are making at Methodist Charlton Medical Center is a perfect example of Methodist responding to a community need. It's exciting to be a part of it and one reason why I think Methodist is so special."**

**— Levi Davis**  
Member, Methodist Health System Foundation Board of Trustees

The Visiting Nurses Association (VNA) is another passion of Davis' because of his particular focus on supporting the baby boomer generation. As a VNA board member, he facilitated a collaboration with the Methodist Dallas emergency department (ED) and the VNA to provide discharged patients with meals and quality time with Meals on Wheels volunteers. Studies have shown that checking in on the



Levi Davis

physical, mental, and social well-being of older patients can help keep them healthier and happier, with fewer visits to the ED.

"Our culture is a dynamic one. Why wouldn't you want to be here and participate in the great work Methodist is doing?" Davis says. "That's why I continue to be committed to the cause."